

#### **ALL DAY / TAKEAWAY OPTIONS**

#### **SOMETHING SMALL**

- SEASONED CHIPS & AOILI OR TOMATO SAUCE (v) \$10
- CHUNKY AVO, GOATS CHEESE, BALSAMIC, PEPITAS AND CRANBERRIES ON SOURDOUGH (v, vo) \$20
- BRUSCHETTA AND CHEESE ON SOURDOUGH (v, vo) \$14
- CONTINENTAL PLATTER FOR 2 (a selection of cold meats, fruit, cheese, dips etc) **\$28**

#### **BAKERY** Local Tawonga Baker Sourdough

- WHITE SOURDOUGH TOAST WITH CONDIMENTS \$8
- FRUIT TOAST \$8
- CROISSANT (Plain, Jam or Ham & Cheese) \$6.5 / \$8.50
- ALMOND CROISSANT \$8.5
- BANANA BREAD \$6

#### **TOASTIES (GFO)**

- SMOKED HAM & CHEDDAR \$14
- CHICKEN, CHEESE, AVOCADO, MAYO \$14
- BACON, EGGS, ONION JAM \$14

#### SOURDOUGH OPEN GRILL Local Tawonga Baker Sourdough

- ROAST VEGE, PESTO, FETTA (V) \$8
- HAM, CHEESE \$8

#### **SOMETHING SWEET** See display fridge for more options

- CHOCOLATE BROWNIE (GF)
- CITRUS TART (GF)
- CARROT CAKE
- HOMEMADE MUFFINS
- HOMEMADE SLICES
- CHEESECAKE

#### **LUNCH** Dine in 12.00 - 3.00 PM Wednesday to Sunday

**Poke Bowl** (GF, V, VO) A bed of Quinoa, Edamame Beans, Corn, Tomato, Carrot, Cucumber and Spring Onions, with a Honey Soy Dressing and Siracha Aioli \$18

add Chicken \$3

**Chips** (V) (VG) Seasoned chips with Vegan Aioli or Tomato Sauce **\$10** 

**Steak Burger** Scotch Fillet, Bacon, Jack Cheese, Onions, Pickles, Roquette, Tomato, BBQ Sauce & House Mayo on milk bun with chips **\$25** 

Chicken Burger

Marinated Chicken thigh, Bacon, Cheese, Lettuce, Tomato, Sweet Chili & Mayo on a bread bun with chips \$25

Fish 'n' Chins

Crispy Battered Flat head Fillets (2) Tartare, ships and salad \$22

Fish 'n' Chips Crispy Battered Flat head Fillets (3) Tartare, chips and salad \$22

**Specials Board** See the blackboard for the daily specials

JUNIOR LUNCH

Fish 'n' Chips Crispy Battered Flat head Fillets (2), Tartare and chips \$18

Junior Grazer for 1 A selection of Cheese, Fruit, Cold meat, dip and crackers \$15

**DIETARY** 

V = VEGETARIAN VO = VEGETARIAN OPTION VG = VEGAN VGO = VEGAN OPTION GF = GLUTEN FREE GFO = GLUTEN FREE OPTION

# **Cockyvalleycafe**

#### **ZERO ALCOHOL BEVERAGES**

#### **ZERO BEER**

Bridge Road Brewery Free-time **\$7**Great Northern Zero 330ml **\$6.5** 

Asahi Zero 330ml **\$6.5** 

Heineken Zero 330ml \$6.5

#### **ZERO WINE \$7**

Brown Bros Moscato McGuigan Sauvignon Blanc McGuigan Rose

#### **ZERO SPARKLING \$8**

Tempus Two Moscato

Tempus Two Zero Prosecco Grant Burge Zero Prosecco McGuigan Zero Sparkling

#### **COLD DRINKS**

#### **BUNDABERG 375ml \$6**

Lemon Lime & Bitters Ginger Beer
Pink Grapefruit Passionfruit
Traditional Lemonade

### FRUIT JUICE \$6

Apple & Blackcurrant Orange Mango & Banana Apple

Sparkling water 250ml \$5

## LOCALLY ROASTED HONEYBIRD COFFEE

**REG \$5** LGE \$6

Late Cappuccino
Flat White Long Black
Espresso \$4 Macchiato \$4
Piccolo \$4 Magic \$4

Chai Latte - Brewed Prana Chai

Tea – Eng B'fast, Mint, Earl Grey, Lem'grass & ginger

Hot Chocolate – our own blend of organic cacao and coconut sugar

#### EXTRAS .50c MILKS

Almond, Bonsoy, Lactose Free, Oat

#### COFFEE

Decaf, extra shot

#### **SMOOTHIES**

#### **REG \$9** LGE \$10

### Blended Smoothies to enjoy any time

Whey protein is used in our smoothies, pea protein is available upon request

**EASY BEING GREEN** – almond milk, banana, protein, almond butter, spinach, cacao and ice

**COCONUT HEAVEN** – rice milk, banana, oats, protein, coconut yoghurt, cinnamon, chia, ice

**BERRY FRESH** – pear juice, mixed berries, protein, oats, Greek yoghurt and ice

**CHOC BERRY RIPE** – Coconut water, raspberries, protein, cacao, coconut yoghurt, honey, ice

**HONEY BUZZ** – low fat milk, banana, protein, honey, Greek yoghurt, ice

**BLUEBERRY BLISS** – coconut water, coconut yoghurt, honey, blueberries, protein, acai, ice

**TROPICAL DELIGHT** – pineapple juice, coconut water, mango nectar, mango , honey, coconut yoghurt, chia, ice (DF)

#### **ICED SPECIALTIES**

**REG \$8** LGE \$9

**ICED COFFEE** – espresso coffee and blended with ice and ice cream

ICED CHOCOLATE – organic cacao, organic coconut sugar, blended with ice and ice cream

**ICED CHAI** – prana chai brew, blended with ice and ice cream

#### **MILKSHAKES**

JUST real fruit, ice cream and milk

SML \$7 REG \$8 LGE \$9

Chocolate

Espresso

Vanilla

Strawberry

Banana

Chai