

## 4 Peaks Tour

Victoria's 7 Peaks Ride is an at-your-own pace cycling challenge which runs from October to April, taking you up winding mountain roads, around steep turns and past spectacular views right to the top of seven Victorian Alpine Resorts.

This is a challenge at the best of times, but the organising of transport to each of the varied locations adds even more to the preparation of the rides. Rocky Valley will provide transport, support and do all the organising for you because we know 'all you wanna do is ride'.

**Tour Includes:** Full support crew and transport, 4 night's accommodation, 4 x Breakfasts, 3 x lunches, 2 x morning teas. (Please ensure that you have adequate nutrition during each day's ride)

**Cost:** \$1199 per person/twin share

**Additional extra's:** Massage / Spa (can be arranged on request)

**Support Crew:** Vehicle and mechanical support is provided throughout the 4 days. Your luggage or change of clothes will be collected each morning and be available to you. Vehicle has bike carrying capabilities.

**Riders:** Rider numbers minimum 6 participants, maximum 15 participants per weekend.

## Program

Each day's ride will depart at 8.00am.

**Thursday** – Arrive in Mount Beauty and settle into your accommodation.

**Friday** – Enjoy a morning continental breakfast in accommodation and then we will drive you to Eurobin to start the ascent of Mount Buffalo. Lunch will be provided once you have reached the top. Now that you have recovered you can either descend or if that is not your favourite part we can use transport to take you back down the hill. Enjoy the afternoon in Bright before we take you back to your accommodation. Dinner at a local restaurant will finish the day and prepare you for tomorrow's ride.

Distance 20.4km • Rise 1,015m • Grade Average 5% • Grade Max 11%

**Saturday** – Enjoy a morning continental breakfast in accommodation and then we will start the days ride to Falls Creek. Morning tea is provided once you have reached the top and again you can ride the descent or catch the bus. We will have lunch organised for you at a local restaurant. The afternoon can be spent exploring Mount Beauty or we can organise for a massage/spa etc. at an additional extra cost. Tonight's dinner will be a BBQ and salads in a relaxed setting where you can enjoy the views and prepare for tomorrow's ride.

Distance 30.9km • Rise 1,181m • Grade Average 4% • Grade Max 10%

**Sunday** – Enjoy a morning continental breakfast in accommodation. Pack an overnight bag and we will drive you to Harrietville to start the climb up to Mount Hotham. A picnic lunch will be provided at the top and you can ride the descent to Omeo or catch the bus. Settle into your accommodation and explore historical Omeo. Staying at the Golden Age Motel you'll enjoy a fabulous dinner and a good night's rest before facing the final climb the following day.

Distance 32.4km • Rise 1,347m • Grade Average 4% • Grade Max 18%

**Monday** - Breakfast at the Golden Age Motel and then the final climb from Omeo to Dinner Plain. Morning tea will be provided at Dinner Plain. What an achievement! You did it, now you can relax on the bus ride back to Mount Beauty. Enjoy a hot shower and head home knowing that you have completed 4 of the climbs and your passport is looking full.

Distance 42.8km • Rise 943m • Grade Average 2% • Grade Max 11%